



Kata Round Requirements

CATEGORY	ROUND 1 & 2	ROUND 3 & AFTER (or if 8 or less competitors)
Children (8-9 Yrs)	Heian/Pinan, Gekissai or Saifa	Round 1 & 2 Kata, but may repeat. Cannot repeat in consecutive rounds.
Children (10-11 Yrs)	Heian/Pinan, Gekissai or Saifa	Tokui - Free Cannot repeat in consecutive rounds
Children (12-13 Yrs)	Heian/Pinan, Gekissai or Saifa	Tokui -Free (No Repeats)
Children (14-15 Yrs)	Heian/Pinan, Gekissai, Saifa or WKF Shitei Kata	Tokui -Free (No Repeats)
Cadets (16-17 Yrs)	WKF Shitei Kata	Tokui - Free
Juniors (18-20 Yrs)	WKF Shitei Kata	Tokui - Free
Seniors (16 Yrs & Above)	WKF Shitei Kata	Tokui - Free
Veterans (35 Yrs & Above)	WKF Shitei Kata	Tokui - Free
Childrens Teams (Mixed Male & Female) 8- 12 Yrs	Heian/Pinan, Gekissai or Saifa	Tokui - Free Cannot repeat in consecutive round <i>No Bunkai requirement in final round</i> No member can compete in 8-15 Years
Childrens Teams (Mixed Male & Female) 8- 15 Yrs	Heian/Pinan, Gekissai or Saifa	Tokui - Free Cannot repeat in consecutive round <i>No Bunkai requirement in final round</i> No member can compete in 8-12 Years
Cadet Teams (Separate Male & Female)	WKF Shitei Kata	Tokui - Free Cannot repeat in consecutive round <i>Bunkai requirement in final round</i> If only a 2 round Event last round is always free
Junior Teams (Separate Male & Female)	WKF Shitei Kata	Tokui - Free <i>Bunkai required in final round</i> If only a 2 round Event last round is always free
Senior Teams (Separate Male & Female)	WKF Shitei Kata	Tokui - Free <i>Bunkai required in final round</i> If only a 2 round Event last round is always free